

Volunteer Spotlight

QUILTS FOR PATHWAYS HOSPICE



There is a special group of volunteers who are making a loving impact at the new Pathways Inpatient Care Center.

The Dream Quilters is a group of nearly 60 volunteers who volunteer

their skills, time and energy to make quilts for each and every patient that is cared for at the Care Center.

The group, led by Lauri Dykstra and Nancy Cole, create as many as 30 to 40 quilts, measuring 60 by 75-inches per month for Pathways.

Every bed in the 12-bed Care Center is covered by a new quilt each time a patient arrives. When the patient passes, the quilt is for the family and friends to take with them as a memory of their loved one.

How did this begin? Lauri, who is a retired manager from Safeway in Fort Collins, was looking for productive work to keep her busy in retirement. She soon turned a love of sewing into a hobby with a purpose.

Lauri stated, "We do what we do for the pleasure we gain knowing we bring comfort to others in their time of grief."

Starting as a group of 5 friends making smaller quilts for Poudre Valley hospital, Lauri then started sewing at Quilters Dream in Loveland. This led to making more and more connections to help make quilts for donation.



Once others learned of what they were doing – they began donating fabric. Leading to the Northern Colorado Quilters Guild donating an entire truckload of fabric.

Fortunately, the owner of Quilters Dream helped with some storage space for all of the fabric.

Nancy began helping with quilts at Quilters Dream one day a month which quickly grew to several hours per week putting together quilt "kits" for others to take home and sew on their own.

"My mother had recently passed away and I know how much her final quilt meant to her. I saw this volunteer opportunity in the Quilter's Dream newsletter and I was looking for a volunteer opportunity in retirement. I knew my skills could be put to work and do what I loved, a perfect match." stated Nancy.

Volunteers often make the quilt tops. Then, Nancy and the team will purchase batting with donations and sales of other quilts. It takes approximately \$1,500 per year to purchase the batting needed for the number of quilts created. The volunteers support all their work through donations and selling quilts to raise funds.

Each quilt represents a \$250 donation to Pathways.

Experience the incredible story of these dedicated volunteers in our YouTube video showcasing their remarkable contributions!

<https://bit.ly/PathwaysQuilters>



Message from the President:

NOVEMBER IS NATIONAL HOSPICE AND PALLIATIVE CARE MONTH

Dear Pathways Supporters,

Each year, during November, we celebrate National Hospice and Palliative Care Month. Pathways, and other hospice and palliative care providers mark this month as a time of engagement and outreach.

At Pathways, we will be recognizing and celebrating the trained, expert professionals who provide valuable hospice, palliative, and grief services in our community as well as reaching out to help our community understand the care options that are available to them and their loved ones.

Hospice care is unique. It offers an interdisciplinary team approach to treatment that includes specialized medical care, comprehensive pain management and emotional and spiritual care.

Caring for the whole person allows our teams to address each patient's unique needs and challenges. In addition to caring for patients, hospice offers services for families and loved ones that provide emotional support and advice to help family members become confident caregivers and adjust to the future with grief support after the loss of a loved one.

Hospices are also some of the best providers of community-based palliative care. Palliative care delivers expert health care that improves the quality of life and relief from pain for people managing chronic conditions. It can be provided at any time during an illness – during and after treatment, from diagnosis on.

The best time to learn about hospice or palliative care – and to make plans for the kind of care you or a loved one would want – is before you are faced with a medical crisis. One of the most frequent comments we hear from families is, "Why did we wait so long before calling hospice?"

We are committed to serve and deliver high-quality person-centered care to anyone who is facing a serious or life-limiting illness. We will provide physical, emotional, and spiritual support all while supporting your wishes and plan of care. We are here for you.

Please join me in recognizing National Hospice and Palliative Care month this November and celebrating the truly selfless professionals who provide this vital care at a time when it is most needed.

Thank you for your ongoing support and always reach out to Pathways if we can be of help and provide assistance and information. We can be reached at (970) 663-3500 or www.pathways-care.org



Evan Hyatt, Pathways President



OUR SENIOR LEADERSHIP TEAM

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Honoring our Veterans on Veteran's Day - November 11th



Did you know that Pathways Hospice, in collaboration with the Veterans Administration, is a four-star partner of the We Honor Veterans program? Through this program, we have provided education and training to our staff, the community and our referral partners to raise awareness of the unique needs of our nation's Veterans who are facing a life-limiting illness.

Through our We Honor Veterans program, Pathways can accompany and guide Veterans and their families toward a more peaceful ending. And in cases where there might be some specific needs related to the Veteran's military service, combat experience or other traumatic events, our care teams will find tools to help support those they are caring for. November 11th is National Veterans Day. We honor all the military veterans and their families who have and are serving in all branches of the United States Armed Forces. Thank you for your service.

End-Of Year Giving IRA Charitable Rollover

Save on income taxes by making fits directly from your IRA to Pathways Hospice. Answer these two questions:

1. Do you have an IRA?
2. Are you 70-1/2 years of age?

If you answered "Yes" to both questions, you could save up to 35% on your income taxes by gifting directly from your IRA. For more information on this quick and easy money saver, contact Dave Giordano, Vice President of Development at 970-663-3500 or giving@pathways-care.org.

National Hospice and Palliative Care Month



November is National Hospice and Palliative Care Month. Hospice organizations across the country are focused on raising awareness for the high quality care provided to people coping with life-limiting illnesses.

Every year, according to the National Hospice and Palliative Care Organization, nearly 1.6 million people receive care from hospice and palliative care providers in this country. At Pathways Hospice, our capable and compassionate staff ensure that patients and their families find dignity, respect, and love during a difficult journey.

At Pathways Hospice, our professional staff includes registered nurses, certified nursing assistants, chaplains, licensed social workers, bereavement specialists, nurse practitioners and a medical director. Our interdisciplinary team of care providers are northern Colorado's experts in end-of-life care and education.

As a hospice provider, we often gratefully accept gifts from those we care for and their families. These very important donations go to providing charity care for those that cannot afford hospice services. Donations also fund bereavement programs to help adults and children process loss and grief from losing a loved one.

This month, we celebrate our team mates who provide care at Pathways Hospice! We also celebrate the patients and families that have bravely and lovingly managed through life limiting illnesses and the decisions that accompany that diagnosis. You inspire every one of us.

Gratitude to Wilbur's Total Beverage for Unwavering Support

At Pathways, we are immensely grateful for the unwavering support we have received from our invaluable partner, Wilbur's Total Beverage. Their dedication to our mission has made an indelible impact on our ability to provide compassionate care, and we want to express our heartfelt appreciation.

Wilbur's Total Beverage has been an instrumental force in our annual event, "A Vintage Affair" (AVA). Their support extends far beyond financial contributions. Wilbur's generously donates not only their resources but also their time and advertising space in local newspapers to help us share our mission with a wider audience. It is through their multifaceted support that we've been able to make AVA a resounding success year after year.

The estimated value of Wilbur's Total Beverage's donation to AVA is an astounding \$25,000. This generous contribution encompasses not only financial aid but also product donations and their active involvement, ensuring the success of this crucial event.

Wilbur's Total Beverage has gone the extra mile by providing food and venue support for our "Hamburgers to Hospice" events. This selfless act not only eases logistical challenges but also creates a warm and welcoming atmosphere where hospice patients and their families can enjoy a comforting meal.

Our partnership with Wilbur's extends beyond a single event; they consistently donate their products to various Pathways initiatives, allowing us to support our mission year-round.

Wilbur's Total Beverage's commitment to Pathways Hospice is a beacon of corporate responsibility and community support. Their contributions are not limited to financial support; they actively engage in our cause.

As members of our community, we invite you to join us in expressing our gratitude to Wilbur's Total Beverage. When you make a choice to support their business, you are indirectly supporting the hospice care we provide to those in need. Together, we can create a significant impact and ensure that Pathways Hospice continues to offer essential care to our community.

We raise our voices and our hearts to say thank you to Wilbur's Total Beverage for their unwavering dedication to our cause. Their support is a testament to the power of community collaboration and corporate responsibility.



December 5



ColoradoGivesDay.org

Colorado Gives Day is Tuesday, December 5

Colorado Gives Day is Colorado's largest 24-hour giving event bringing in over \$415 million since its inception in 2010. Please consider giving to Pathways Hospice during this year's Colorado Gives Day on December 5. Support is needed for bereavement care services, charity care for those without insurance, and other areas.

Dates to remember:

- Nov. 1: Early giving begins
- Nov. 28: Giving Tuesday
- Dec. 5: Colorado Gives Day

What is the difference between Giving Tuesday and Colorado Gives Day? Giving Tuesday is a global movement, occurring annually on the first Tuesday following Thanksgiving. Giving Tuesday serves as a counterbalance to the consumerism of Black Friday and Cyber Monday, redirecting the focus to acts of kindness and charitable giving. All three days are wonderful opportunities to create support for giving in Colorado communities.

If you prefer to give to Pathways Hospice directly, visit <https://pathways-care.org/ways-to-give/>



21st Annual "A Vintage Affair" Raises More than \$50,000 for the Pathways Grief and Loss Program

The 21st annual A Vintage Affair (AVA), presented by Wilbur's Total Beverage, was a success.

More than 200 people attended A Vintage Affair, raising more than \$50,000 for Pathways Grief and Loss Program.

We want to thank everyone who was able to be a part of this year's event.

Revenue from AVA will go towards grief and creative therapies that assist adults and children through confusing and overwhelming emotions that arise from losing a loved one. For more information about the Pathways Grief and Loss Program, please visit www.pathways-care.org/griefandloss/

Were you not able to make it to this year's event? Please look for information coming in the future about A Vintage Affair in 2024. We hope you will join us.

Presented by

WILBUR'S
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Grief Support Groups

Support groups provide a safe place to explore and express your grief in a comfortable setting and connect with others who have experienced loss.

All our groups are led by our professional grief counselors and are free to attend unless otherwise noted. For more information, contact Pathways for Grief and Loss at 970-663-3500 or bereavement@pathways-care.org

Registration is required for all support groups.



Living With Loss

This support group is for anyone coping with the loss of a loved one. Attendance at all sessions is required. The cost is \$60. A new group begins every month.

Meets Thursdays, 3:30 - 5 p.m. Cost \$60

Nov. 2, 9, 16, 30 (No session on Thanksgiving 11/23)

Jan. 4, 11, 18



On Our Own

A widowed person's discussion group. This ongoing group offers an opportunity to find practical guidance and hope after experiencing the death of a spouse or life-partner.

Meets the second Wednesday of the month, 1:00 - 2:30 p.m.

Nov. 8, Dec. 13, Jan. 10



FALL/WINTER EVENTS

WREATH MAKING

Saturday, December 9, 10:00 - 2:00 p.m.
Pathways Main Campus, 305 Carpenter Road

Today, most people no longer speak “the language of flowers”. But we still recognize wreaths as a powerful symbol of our emotions. The choice of flowers shows our feelings, while the wreath shape shows that we are honoring the deceased. Some people also see the wreath as a symbol of eternal life, or the cycle of life and death, because of its circular shape.

Adults and families are invited to join us in making a memorial wreath.

Cost: \$15 per wreath
and \$45 for 3 or more

VISION MAPPING

Saturday, January 20, 10:00 - 1:00 p.m.
Pathways Main Campus, 305 Carpenter Road

This workshop, facilitated by art therapists, will help participants who may feel lost create a vision map to help guide them forward. This technique helps to focus on clarifying dreams, goals and hopes for the road ahead. All supplies are provided and participants are welcome to bring additional items to add to their vision boards.

Cost: \$15

OUR MISSION

Honoring every moment of life with compassion, dignity and expertise.

OUR VISION

Pathways is committed to be the region’s preferred provider of hospice services through excellent patient care in all settings and comprehensive grief support. We educate about end-of-life care, partner with caregivers, remain good financial stewards, grow to meet our community’s needs, and strive to be an employer of choice.

OUR VALUES

We honor life through compassion, respect, integrity, excellence and stewardship.

CONTACT US

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